

## **CURRICULUM VITAE**

**RICHARD COHEN, DC, FACO, CCSP, RCRD, Cert. MDT, Cert IVG**

### **Educational Background**

1977 Graduate of Wyoming Valley West H.S., Kingston, PA.

1977-1980 John Hopkins University, Baltimore, Maryland Pre-Medical Curriculum

1980-1981 University of California at LA, Pre-Chiropractic Curriculum

1981-1985 Western States Chiropractic College, Portland, Oregon  
Doctor of Chiropractic Degree

2008 Bachelor's of Science Degree Western States Chiropractic College

### **Professional Experience**

1985-1987 Associate Doctor at Wilkesboro Chiropractic Center, Wilkesboro, North Carolina

1988-Present Chiropractic Physician Cohen and Haydu Chiropractic Clinic

### **Professional Memberships**

American Chiropractic Association

American Chiropractic Association Council on Sports Injuries and Physical Fitness

Pennsylvania Chiropractic Association

Pennsylvania Chiropractic Association of Sports injuries and Physical Fitness

American Back Society

### **Post Graduate Education**

1992 Board Certified Chiropractic Orthopedist - qualification achieved by successful completion of a 3 year 360 hour educational program and testing. Certified by the American Board of Chiropractic Orthopedists.

1993 Certified Chiropractic Sports Physician - qualification achieved by successful completion of a 1 year 120 hour educational program and testing. Certified by the American Chiropractic Board of Sports Physicians.

1997 Certified Chiropractic Rehabilitation Physician - board eligible diplomat in chiropractic rehabilitation. Completed entire 300 post graduate program administered through Los Angeles Chiropractic College. Successfully completed (3) 100 hour module tests.

1993 Certified in Mechanical Diagnosis and Therapy in accordance with the McKenzie Institute of the United States of America.

2005 Certified Adult Vojta Therapist in accordance with the International Vojta Society. Therapist is certified in Neural Motor Development and Reflex Locomotion.

Certified Active Release Technique (ART®) Provider, certified in Spine, Upper extremity, and lower extremity.

2009 Certified Kinesio Tape Technique Practitioner K1, K2, K3. Initial CKT courses K1 and K2 completed March 2002.

### **Additional Post Graduate Training**

- \* October 1998 Prague, Czech Republic  
"Functional Pathology of the Locomotor System" 56 hour manual therapy workshop with Dr Karl Lewit and Dr Vladamir Janda.
- \* 2001 Guest of Czech School of Manual Therapy  
1 week session with Dr Karl Lewit and Dr Pavel Kolar.
- \* Completed 40 hour collision reconstruction course administered through Texas A.M. Engineering Extension.
- \* Credential in Active Release Techniques. Credentialing attained through three 24 hour hands on workshop and practical testing. Credentialed in upper extremity, lower extremity and spine protocols
- \* February 2002 Completed internet and practical course on Pediatric Diagnosis and Therapy in the method of Vojta. Program was under direction of French Physiotherapist Hugues Lagache.
- \* October 2003 Certified from the Charles Univ. Prague Czech Republic Clinic of Rehabilitation for completion of a one week course in Manual Therapy and Rehab of the Locomotion System.
- \* April 2004 Attended specialty Workshop titled "Functional Training from Rehabilitation to Performance Enhancement. Conducted at the National Academy of Sports Medicine in Calabassas, California with keynote speakers Gary Gray, P.T. and Stuart McGill, Ph. D.
- \* July 2004 David Seaman second workshop on nutrition as an alternative to Anti-inflammatory care.

- \* November 2004 / November 2005 additional 72 hour training through Prague School of Manual Therapy and Rehab. Concentration of studies in treatment and rehabilitation of the Locomotor System taught by Pavel Kolar, PHD PT. Chicago and Los Angeles.
- \* October 2004-July 2005, Certification as a Child and Adult Vojta therapist thru 3, 80 hours educational workshops in Heidelberg and Munich, Germany.
- \* April 2007 Vojta therapy refresher course. 40 hour program administered by the IVG at the Orthopedic Hospital in Heidelberg, Germany.
- \* September 2009 Vojta Therapy refresher course. 40 hour program administered by the IVG at the Kinder Klinik in Siegen, Germany.
- \* March 2010 Malik Slosberg, D.C. Philadelphia, PA.
- \* June 2010 Faktr program presented by Greg Doerr in Fairfax, VA 12 hours
- \* October 2010 Vojta Therapy course presented in Leipzig, Germany by the International Vojta Society. Topic was Diaphragms in development of movement, 12 hours course.
- \* October 2010 Personal sessions in Ter Blum and Brunkow Therapy with Monika Blum, PT, Frankfurt, Germany
- \* November 2010 Robert Lardner, P.T., Chicago, ILL
- \* September 2011 Myofascial Conference presented by Mike Schneider, et al, at the Univ of Pittsburgh PT School. 12 hour program.
- \* October 2011 Vojta therapy course presented in Hamburg, Germany by the IVG. Course topic was muscular functions in the development of movement and alternative patterns demonstrated during deficits. Course program was 12 hours.
- \* October 2011 Personal instruction in Ter Blum and Brunkow exercises with Monika Blum, PT Frankfurt, Germany
- \* September 2012 National Association of Myofascial Pain therapist national conference, Pittsburgh, PA. Instructors included Jay Shah, M.D., MFPS. 24 hours
- \* October 2012 Las Vegas, NV Mike Schneider, Warren Hammer, Tom Hyde, DCs. Manual therapy for MFPS including FAKTR, MFR, Stecco etc. 12 hours.
- \* January 2013 Albany, NY Pediatric Rehabilitation Part I w/Ryan van Matre, D.C. Developmental Kinesiology according to the Munich Functional Developmental Diagnosis and Vojta Therapy for infants and toddlers 12 hours
- \* February 2013 Albany NY Pediatric Rehabilitation Part II. 12 hours

\*June 2013 Albany NY Human Locomotion w/ Tom Michaud D.C. Human Locomotion Workshop, 8 hours

\*October 2013 Harrisburg, PA Nutrition and Inflammation, with Dr. Bruce Bond, 12 hours

\*January 2014 Palo Alto, CA. Assessing Movement; a Contrast in Approaches and Future Directions, with Gray Cook, PT, and Stuart McGill, PhD., 8 Hours.

\*May 2014 Krakow, Poland. Munich Functional Developmental Diagnosis, Drs. Marie Drevniak, M.D., and Johanna Tos, M.D. 40 hours.

June 2014 State College PA. Cervicogenic HAs and related Disorders, James Demetrious, DC, FACO 12 Hours

\*August 2014 Des Moines, Iowa. Certification in Visceral Manipulation according to the Prague School of Manual Therapy, 24 hours.

\*October 2014 Harrisburg, PA. Nutrition and Inflammation Hormonal Influences, Michael Greer, M.D. 12 hours

\*January 2015 Philadelphia, PA. Guest Instructor Eastern States Athletic Training Annual Convention. Student Workshop, "Kinesio Tape Approaches in the Athletic Training Environment."

\*January 2015 Newark, New Jersey. "Dynamic Neuromuscular Stabilization According to Kolar: A Developmental Kinesiological Approach, Advanced Skills Course," Presented by Michal Truc, MPT, 15 hours.

\*February 2015 Washington, DC. "Visceral Manipulation according to Barral." 32 hour program

\* May 2015 Toronto, CA. "DNS Pediatric B." 24 hours contact with Martina Jezkova, PT

August 2015 Newark, NJ. "ICD Recordkeeping, Documentation & Compliance Seminar." Marty Kotlar, DC 6 hours.

November 2015 Philadelphia, PA " A Joint by Joint Approach to Assess and Treat Lower Extremity Complaints," Jonathan Mulholland, DC 12 hours.

September 2016, Seneca Falls, NY NYCC Homecoming Event: Pediatrics for the Doctor of Chiropractic-Full Spine Adjusting Techniques for the Young Pediatric Patient. Elise Hewitt, DC, DICCP, FICC, 8 hours.

October 2016, Krakow Poland: "Special Visit to the Children's Center of Krakow for Rehabilitation under the Guidance of Drs. Marie Drevniak and Joanna Tos." 16 hours of instruction.

### **Teaching Experience**

Currently recognized by NYCC as an instructor for continuing education courses taught under the title: "Reflex Locomotion According to Vojta"

2012 to present adjunctive instructor at Kings College, Wilkes-Barre, PA Athletic Training Education Program. "Special Topics In Athletic Training."