



Aaron J. Haydu, DC, DACRB
417 Market St., Kingston, PA 18704, (570) 283-1011
ahaydu@CohenHayduChiro.com

Curriculum Vitae
As of 9 / 2024

PRIVATE PRACTICE

2000-Pres - Cohen & Haydu Chiropractic Clinic, 417 Market St., Kingston, PA 18704

EDUCATION

2000 - Doctor of Chiropractic, New York Chiropractic College, Seneca Falls, NY
1996 - Bachelor of Science, Biology, University of Scranton, Scranton, PA

FACULTY POSITIONS

2013-Pres - Geisinger Commonwealth School of Medicine – Clinical Assistant Professor;
Department of Clinical Sciences
2018-Pres - New York Chiropractic College – Alumni Advisory Council
2017 - Palmer College of Chiropractic – Adjunct Faculty; Intern Preceptorship
Program
2010 - New York Chiropractic College – Postgraduate Faculty
2004-2008 - Marywood University, Scranton, PA; Science Department Faculty
Anatomy and Physiology I and II Laboratory

LICENSURE / CERTIFICATIONS

2015 - Certified in Selective Functional Movement Assessment, Level 1
2011 - Certified Functional Movement Systems Professional, Level 1 & 2
2010 - Certified in Graston Technique
2009 - Diplomate - American Chiropractic Rehabilitation Board (DACRB)
2008 - Board Certified Level 3, American Chiropractic Rehabilitation Board
2007 - Board Certified Level 2, American Chiropractic Rehabilitation Board
2006 - Board Certified Level 1, American Chiropractic Rehabilitation Board
2003 - Certified: Mechanical Diagnosis and Therapy, McKenzie Institute Int'l
2002 - Certified Strength and Conditioning Specialist, National Strength and
Conditioning Association
2002 - Kinesio Taping, Level 1-2
2001 - Whiplash and Brain Injury Traumatology; Spine Research Institute of San
Diego
2000 - License to Practice Chiropractic, Pennsylvania License #DC007905L

POSTGRADUATE SEMINARS / CONTINUING DEVELOPMENT

2024 - American Chiropractic Rehabilitation Board Conference, The Body-Swing
Connection & A Global Approach to Common Lower Extremity Injuries,
Palmer College of Chiropractic
2024 - Communicating with an Understanding of the Psychological Motivations of
Athletes, *Northeast College of Health Sciences*
2024 - Clinical Biomechanics, *Northeast College of Health Sciences*
2024 - Clinical Anatomy and Orthopedics of the Upper Extremity, *Northeast
College of Health Sciences*
2024 - Imaging of the Athlete, *Northeast College of Health Sciences*

- 2024 - Concepts of a Sports Practitioner, *Northeast College of Health Sciences*
- 2023 - Clinical Anatomy and Orthopedics of the Lower Extremity, *Northeast College of Health Sciences*
- 2022 - Understanding Viruses, Human Trafficking, Common Blood Tests, Nutrition and Wellness, Errors Diagnosing Joint Disease, Understanding Joint Aging, Chiropractic Ethics and Coding; *Texas Chiropractic College*
- 2021 - Body Mass Index in Musculoskeletal Pain; *Northeast College of Health Sciences*
- 2021 - Deflaming Patients with Diet and Supplements; *Northeast College of Health Sciences*
- 2020 - Musculoskeletal Ultrasound Core Curriculum, Upper and Lower Extremity, Lumbar Spine, and Guided Injections; *MSK Masters*
- 2020 - Ultrasound Physics-Sonography Principles and Instrumentation; *Gulf Coast Ultrasound Institute*
- 2019 - Sport Injuries, Anti-Inflammatory Diet Procedures, and Athlete Treatment; *New York Chiropractic College Homecoming Symposium*
- 2018 - McGill 1: Building the Ultimate Back – BackfitPro, Inc.
- 2018 - Clinical Anatomy, Motor Vehicle Crash Injuries, and Chiropractic Billing Procedures; *New York Chiropractic College Homecoming Symposium*
- 2017 - Clinical Neurodynamics for the Upper Quarter - *Neurodynamic Solutions*
- 2017 - Clinical Neurodynamics for the Lower Quarter - *Neurodynamic Solutions*
- 2017 - 18th Annual ACA Rehab Council Symposium
- 2016 - Clinical Nutrition, Wellness and Diet Strategies, Part IV
- 2015 - Selective Functional Movement Assessment, Level 1 Certification Course
- 2015 - 16th Annual ACA Rehab Council Symposium
- 2014 - Physical Therapy, Rehabilitation, and Exercise Physiology; *New York Chiropractic College*
- 2013 - 14th Annual ACA Rehab Council Symposium
- 2012-2020 - American Chiropractic Rehab Board Recertification Exam
- 2011 - Functional Movement Systems, Level 1 & 2 Certification Course
- 2011 - 12th Annual ACA Rehab Council Symposium
- 2010 - Graston Technique, Module 1 Training, *New York Chiropractic College*
- 2009 - Mechanical Diagnosis and Therapy, Part E, Human Extremities, *McKenzie Institute International*
- 2009 - Modern Spine Care: Functional Training – An Integrated Approach for Injury, *D’Youville Chiropractic College*
- 2009 - Modern Spine Care: Spine Care for Pain - A Patient Centered Approach, *D’Youville Chiropractic College*
- 2009 - 10th Annual ACA Rehab Council Symposium
- 2007 - Reality Rehab of the Cervical Spine and Upper Extremities; *National University of Health Sciences*
- 2007 - Reality Rehab of the Lumbar Spine, Pelvis, and Lower Extremities; *National University of Health Sciences*
- 2007 - Rehabilitation of Low Back Syndromes, *Palmer Chiropractic College*
- 2007 - Thoraco-lumbar Spine Rehabilitation, *Palmer Chiropractic College*
- 2006 - Orofacial Rehabilitation, *Southern California University of Health Sciences*
- 2006 - Advanced Functional Extremity Training, *Southern California University of Health Sciences*
- 2006 - Lumbar Spine Symposium, *Southern California University of Health Sciences*; Hartford, CT

- 2006 - Research Methods, *Southern California University of Health Sciences*
- 2006 - Advanced Cervical Spine Rehab, *Southern California University of Health Sciences*
- 2006 - Rehabilitation Distance Learning, *Southern California University of Health Sciences: Active Care/ Red Flags; Functional Capacity Evaluation; Postsurgical Rehabilitation; Rehabilitation of Special Populations; Nutrition; Pain Management; Topics in Chiropractic Rehabilitation; Rehab of the Spine Video Review*
- 2005 - Biopsychosocial Decision Points in Active Care Practice, *Southern California University of Health Sciences*
- 2005 - Posture, Gait, and Sensory-Motor Training, *Southern California University of Health Sciences*
- 2005 - Soft Tissue and Post-Isometric Relaxation, *Southern California University of Health Sciences*
- 2005 - Rehabilitation of the Upper and Lower Quarters, *Southern California University of Health Sciences*
- 2005 - Rehabilitation Distance Learning: Biopsychosocial Approach to Chronic Pain Syndromes, *Southern California University of Health Sciences*
- 2004 - Cervical Spine Rehabilitation, *Southern California University of Health Sciences*
- 2004 - Core Training, *Southern California University of Health Sciences*
- 2004 - Clinical Integration of Rehab Concepts, *Southern California University of Health Sciences*
- 2004 - Functional Extremity Training, *Southern California University of Health Sciences*
- 2004 - Rehabilitation Distance Learning: Core Articles Review, *Southern California University of Health Sciences*
- 2003 - Whiplash and Brain Injury Traumatology, *Spine Research Institute of San Diego: Advanced Topics*
- 2003 - Whiplash and Brain Injury Traumatology, *Spine Research Institute of San Diego: Auto Crash Reconstruction / Advanced Diagnostics and Treatment*
- 2003 - Whiplash and Brain Injury Traumatology, *Spine Research Institute of San Diego: Narrative Report Writing and Practice Development*
- 2003 - Whiplash and Brain Injury Traumatology, *Spine Research Institute of San Diego: Medicolegal Issues*
- 2003 - Blood Chemistry and Herbal Therapies, *Logan College of Chiropractic*
- 2002 - Kinesiotaping (KT1 and KT2), *Kinesiotaping Association*
- 2002 - Mechanical Diagnosis and Therapy, Part D, Advanced Technique, *McKenzie Institute International*
- 2002 - Mechanical Diagnosis and Therapy, Part C, Problem Solving, *McKenzie Institute International*
- 2002 - Mechanical Diagnosis and Therapy, Part B, Cervical and Thoracic Spine, *McKenzie Institute International*
- 2001 - Mechanical Diagnosis and Therapy, Part A, Lumbar Spine, *McKenzie Institute International*

INSTRUCTIONAL SEMINARS

- 2010 - Advanced Rehabilitation Strategies for the Spine, *New York Chiropractic College & Pennsylvania Chiropractic Association*

AWARDS / HONORS

- 2014-2024 - Voted “Best Chiropractor” in Northeast PA in The Times Leader Readers Choice Awards
- 2010 - Recipient of the NEPA Power! (Professionals Organized and Working to Enrich the Region) Member of the Year award.
- 2009 - Recipient of *The Northeast Pennsylvania Business Journal’s* “20 Under 40” honoring the top business professionals in Northeast PA under 40 years old.
- 2008 - Recipient of The Times Leader “40 Under 40” Award honoring the top 40 business professionals in Northeast PA under 40 years old.

ARTICLES/PUBLICATIONS

- 2001-2002 - Contributing columnist to nationally published *Racquetball Magazine*, the official monthly publication of the United States Racquetball Association.

PROFESSIONAL ORGANIZATIONS

American Chiropractic Association
Pennsylvania State Chiropractic Association
American Chiropractic Rehabilitation Board
Functional Movement Systems
McKenzie Institute, USA
National Strength and Conditioning Association
Spine Research Institute of San Diego